# HEROES of the FAITH Activities Booklet



# HEROES of the FAITH Train. Cultivate. Advance.

"You therefore, my son, be strong in the grace that is in Christ Jesus. And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also. You therefore must endure hardship as a good soldier of Jesus Christ. No one engaged in warfare entangles himself with the affairs of this life, that he may please him who enlisted him as a soldier. And also if anyone competes in athletics, he is not crowned unless he competes according to the rules. The hardworking farmer must be first to partake of the crops.

Consider what I say, and may the Lord give you understanding in all things."

2 Timothy 2:1-7

This summer, as we study the lives of heroes of the faith from all over the world, we will look at the way they lived their lives, and try to put into practice a life that honors God in every area: mental, physical, and spiritual. To do this, we will be studying the unique challenges faced by the Athlete, the Farmer, and the Soldier, and we will learn the specific character traits that propel each one forward as we complete specific activities related to each.

The Athlete, the Farmer, and the Soldier each have different activities listed under three categories: Mental, Physical, and Spiritual. Try to pick one activity from each category to accomplish daily! For example, as an Athlete you could pick the Mental category and read a portion of a Lamplighter book, then as a Farmer pick the Physical category and go for a hike while paying special attention to God's creation, then as a Soldier pick the Spiritual category and do a study on the word soldier. Each activity is worth points.

Track your points and keep a **daily journal entry** (journal page downloads available at lamplighter. net/src2025).

### The ATHLETE

Grow strong in faith, love, joy, and service.

PG. 3

### The FARMER

Be on time and work with joy and excellence. Use resources wiselv.

PG. 6

### The SOLDIER

Take a stand, wearing full armor and carrying the Sword.

PG. 9

## The Athlete

"Un athlete is not crowned unless he competes according to the rules." -2 Timothy 2:5

Mental Training

### **BIBLE MEMORY**

(25 pts. per passage)

Joshua 1:8-9 1 Corinthians 16:13-14 Psalm 31:23-24 2 Timothy 1:7 Isaiah 40:29-31 Psalm 73:26 Philippians 4:13 2 Corinthians 12:9-10 1 Chronicles 16:11-12 Habakkuk 3:19 Ephesians 6:10 Mark 12:30 2 Peter 1:3-4 2 Timothy 2:5

(or memorize a Bible passage found in a Lamplighter book or biography you are reading.)

### READING

(1 pt. per page)

Any Lamplighter Book(s)
The Disiplined Life
Eric Liddell Biography
Shadow of the Almighty by Elizabeth Elliot

Read as many books as you can during the challenge, Be sure to write down what you learn from each story and include it in your daily journal.

### **CREATIVITY**

(50 pts. per activity)

- ☐ Set Scripture to music to help you memorize it.
- ☐ Write a story that teaches about the importance of training.
- ☐ Draw, paint, or color something that motivates you to train.
- ☐ Paint an abstract painting that conveys how it feels to train.
- ☐ Create a space where you can train without interruption.
- ☐ Build a model from legos, Lincoln Logs, or other materials, to portray an important scene from a book.
- □ Dress up as the characters from a Lamplighter book, then pose for a picture.

"Only one life, 'twill soon be past, Only what's done for Christ will last."

-C.J. Studd

Physical Training **NOTES:** (50 pts. per activity) ☐ Write encouraging letters, notes, or cards for others. ☐ Participate in community service. ☐ Pick up trash from the side of the road (with supervision). ☐ Be involved at your church (work with the younger kids, participate in music, or help clean the building(s). ☐ Clean out and organize your room. Donate items you no longer need. ☐ Encourage others with sincere compliments. ☐ Help others anonymously. ☐ Read a Lamplighter story to a shut-in or to someone in a nursing home that is not a grandparent (or have grandparent read, for pre-readers) ☐ Use a Lamplighter resource to share the gospel with someone who does not yet know the Lord. **CHORES** (25 pts. per completed chore - Do all of your chores without any grumbling or complaining - do all that you do as unto the Lord (this is a spiritual discipline)) ☐ Sweep all the hard floors ☐ Vacuum all carpets and rugs ☐ Dust all furniture (even under and behind things) ☐ Clean up clutter/toys/laundry around the house (put it where it goes!) ☐ Clean a bathroom (toilet,sink,shower/tub,and floor) ☐ Wash the dishes (dry them and put them away too!) ☐ Clear off kitchen counters and wipe them down (clean the kitchen sink while you're at it!) ☐ Help out with or do the laundry (wash,dry,fold, and put away) ☐ Empty all trash cans and take all the trash out **EXERCISE** (15 pts. per activity) ☐ Do 10 minutes of full-body stretches. ☐ Do 3 rounds of jumping jacks, squats, and lunges.

☐ Run each day, increasing time and distance as you're able. Cool down with a 10-min walk.

Spiritual Training

(50 pts. per completed journal page used to describe how you've applied the following activities)  □ As you work, sing songs of praise and thanksgiving. □ Thank God for His faithfulness and love for you. Be specific. Share with others. □ Find a friend to share about how your Scripture reading is affecting you. □ Share your favorite worship music with others. □ Ask the Lord to show you how to share His love with others. □ What is a lesson you learned in your Lamplighter book reading? Find a way to apply it. □ What was significant in your Scripture □ Word Study—use a concordance to loc references to athletes or athletics in t Read sermons from great preachers o past (Charles Spurgeon, D. L. Moody, Jone Edwards, George Whitefield). Take not Do a study on the word perseverance. this word in the dictionary and in the Greek and Hebrew. Using a concordant all the references that use this word of it. □ Take a character comprehension quiz you read a book (Email mail@lamplig net to request a coupon code to down available quizzes.) □ What was significant in your Scripture	
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What was significant in your Ceripture	hter.
memorization? Find a way to apply this.  awarded per page, but per book read	
<ul> <li>□ Memorize the Romans Road.</li> <li>□ Write an entry on how powerful words can be and how you learned to use words wisely that description of an admirable character day</li> </ul>	from
a Lamplighter book. Be sure to include traits made this character admirable a anything you can learn from them? traits made this character admirable a how the character challenged you to be the character challenged you to be christlike.	and
OBSERVE	
(15 pts. each)  □ Watch your family members and find a way to bless them in a specific way  □ Listen to a Lamplighter Theatre audio drama  Study to shew thyself approximate approximate the second of the shew thyself approximate approximate the second of the shew thyself approximate the second of the second o	proved
□ Watch your family members and find a way to bless them in a specific way	hat
□ Listen to a Lamplighter Theatre audio drama  needeth not to be ashar	ned,
Get your Sunday School class (or similar group) to listen to the matching Lamplighter Theatre dramatic audio for a book that you read.  rightly dividing the word of	l truts
2 Timothy 2:15	
NOTES:	

## The Farmer

It is the hard-working farmer who ought to have the first share of the crops. -2 Timothy 2:5

Mental Cultivation

### **BIBLE MEMORY**

(25 pts. per passage)

James 1:17-18
Ecclesiastes 3:11
2 Corinthians 9:10
Matthew 6:33
Malachi 3:10
Jeremiah 17:7-8
Galatians 5:22-23
Matthew 3:8
James 3:18
Hebrew 12:11

John 15:5 Matthew 13:22 Hebrew 10:24-25 Leviticus 26:3-4 2 Timothy 2:6

(or memorize a Bible passage learned in Sunday School or church.)

### **READING**

(1 pt. per page)

### **Biographies and Nonfiction**

Read biographies and nonfiction. Write what you've learned in your daily journal. We highly recommend The Beggar's Blessing, Girls of Courage, and Boys of Grit for kids. Bruchko, If I Perish, and Gladys Aylward: The Little Woman for teens and adults.

### **CREATIVITY**

(50 pts. per activity)

Draw, paint, or color something that motivates you to care for creation.
Create a space where you can cultivate some plants of your own (this can be as small as a window sil
or as big as a garden plot in your yard).
Organize your living area in a way that looks clean and is efficient.
Write a song (lyrics and music) about creation.
Draw a picture that portrays an important scene from a biography you're reading.
Learn to sew! You can create beautiful things (and help mend clothing).
Act out a favorite scene from a book for your siblings, your parents, or others.
Research the time period and location in which a Lamplighter book or biography is set and create a meal that the characters/people would've eaten.

"He is no fool who gives what he cannot keep to gain what he cannot lose."

- Jim Elliot

Physical Cultivation

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(50 pts. per activity) ☐ Babysit your younger siblings (or babysit for a friend). ☐ Mow a neighbor's lawn (with permission). ☐ Help your siblings or a friend with chores (with a joyful attitude). ☐ Rake and weed a neighbor's property (with permission). □ Volunteer at your local pet shelter, homeless shelter, or soup kitchen. ☐ Do an extra chore without being told. ☐ Give a Lamplighter book as a gift for a birthday or other occasion. ☐ Find 3 friends who have never heard of Lamplighter and who would like to hear about the Lamplighter Summer Reading Challenge. Get their permission and send their names and email addresses to mail@lamplighter.net. (You will receive 50 points for every 3 friends interested in hearing from us.) ☐ Bake or cook a treat and take it to a neighbor or someone you know who needs encouragement. ☐ Read a Lamplighter book to a younger sibling. (These 50 points are in addition to the points awarded for reading the book.)

### **CHORES**

(25 pts. per completed chore - Do all of your chores without any grumbling or complaining - do all that you do as unto the Lord (this is a spiritual discipline)

- □ Care for pets (feed/water/groom/clean up after).□ Weed your garden and any other landscape
- $\square$  Weed your garden and any other landscaping.
- $\hfill \square$  Sweep off all sidewalks, patios, and porches.
- Water indoor and outdoor plants as needed.Prepare a meal for your family or another
- ☐ Start and maintain a compost pile.
- ☐ Do your chores on time, with minimal waste, with excellence and joy.
- ☐ Rake up leaves and debris from your yard.

### **EXERCISE**

family.

(15 pts. per activity)

- ☐ Go for a hike and observe new plants and animals.
- ☐ Walk a trail and pick up any trash you see along the way.
- ☐ Add a new workout to your exercise routine.

### **NOTES:**

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Spiritual Cultivation

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(50 pts. per completed journal page used to			(15 pts. each)			
describe how you've applied the following activities)			Listen to the sounds of creaton. Now think of ways to care for and redeem the beauty			
	Look for ways to serve and then do so with joy (others will notice and this is a legitimate form of evangelism!)  Leave encouraging and biblical notes in fun places to be found by others		of creation (prune trees/plants, water, weed, and fertilize, pick up waste and trash, start a compost pile to reduce waste, etc.)  Watch the birds and remember that if God takes care of their needs, he will meet yours as well Watch documentaries or true stories of			
	Ask the Lord to give you His eyes that you may love others in the same selfless and unconditional way he does		missionaries or church leaders and learn how they served others			
	What is a lesson you learned from one of your biographies? How can you apply it?					
	Suggest one of the biographies you've read and be ready to lend yours out to a friend	N	OTES:			
	Sing a new song unto the Lord					
S <sup>-</sup>	TUDY					
(75	5 pts. for each written activity)					
	Read the Bible in several different translations (ESV, KJV, NLT, The Passion, NKJV, NIV, etc). Notice the differences and pay	_				
	attention to footnotes! Take notes.  Do a study on the word <i>cultivate</i> . Look up this word in the original Greek and Hebrew.					
	Using a concordance, find all the references that use this word or a form of it. Read these					
	passages in muliple different Bible versions.  Do a Bible study on corporate worship					
	Read a biography and write a three- paragraph essay on the person you read about. Be sure to tell what made him/her					
	great and how this person's life inspired you.  (These points are in addition to the points					
	awarded for reading the book).	_				
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Z	Study to shew thyself approved unto God, a workman that needeth not to be ashamed,	_				
	needeth not to be ashamed.	_				
ig	htly dividing the word of truth.					
	2 Timoths, 2:13					

## The Soldier

you therefore must endure hardship as a good soldier of Jesus Christ. No one engaged in warfare entangles himself with the affairs of this life, that he may please him who enlisted him as a soldier. -2 Timothy 2:3-4

## Mental Advancement

### **BIBLE MEMORY**

(25 pts. per passage)

John 15:13 Luke 9:24 Ephesians 6:11-20 Deuteronomy 31:6 Isaiah 54:17 Exodus 14:14 Proverbs 4:23 Isaiah 1:17 1 Corinthians 13:6-7

2 Timothy 4:18 2 Timothy 2:3-4 Nahum 1:7

(or memorize a Bible passage found in a non-fiction book you are reading)

### **READING**

(1 pt. per page)

### Scripture/Books that Develop Spiritual Growth

Read books that develop spiritual growth. Write in your daily journal what you have learned. We highly recommend A Tale of Three Kings, The Hidden Years of Nazareth, The Wild Goose Chase, Raising a Modern Day Knight, Reading Between the Lines, and When People Are Big and God Is Small.

### **CREATIVITY**

(50 pts. per activity)

- ☐ Think of a creative way to share your testimony through story, art, music, poetry, or the spoken word.
- ☐ Design and build something practical and useful for your family.
- ☐ Create decorative notecards and include affirming Scriptural verses.
- ☐ Write a poem about your experience with putting on the full armor of God.
- ☐ Create an original stage play, screenplay, or audio drama that depicts what it means to be a soldier in the Lord's Army.
- Make an eye-catching book cover out of paper, fabric, or leather which portrays, in an intriguing way, an introduction to the plot of the story.

"If a commission by an earthly king is considered an honor, how can a commission by a Heavenly King be considered a sacrifice?"

—David Livingston

# Physical Advancement

### **SERVICE**

(50 pts. per activity)

- ☐ Write/send letters to men and women in the military.
- ☐ Learn a new skill to help someone (example: how to fix a leaky faucet).
- ☐ Learn about missionaries your church supports and do something special to meet their specific needs.
- ☐ Prepare care packages for the homeless, orphaned, and widowed.
- ☐ Does your community have a prison ministry? If so, see if you can be a part of putting together material that will help the inmates.
- ☐ Find someone in your church to minister to in a specific way.
- ☐ Partner with a sibling or friend to organize a food or toy drive, or host an event to raise money for missions.
- ☐ If your Pastor, Church Elder, Sunday School Teacher, Youth Pastor, etc. is unfamiliar with Lamplighter, share a review of a Lamplighter book and explain why these books have had a strong influence on your life.
- ☐ Start a reading club with a minimum of 3 local friends (not siblings who are still living at home with you) willing to read and discuss Lamplighter books together. Meet at least three times this summer and read and discuss at least three stories together. (These points may be awarded to each participant in the club, and are in addition to the points awarded for reading each book).

### **CHORES**

(25 pts. per completed chore - Do all of your chores without any grumbling or complaining - do all that you do as unto the Lord (this is a spiritual discipline))

- ☐ Organize the linen closet.
- □ Detail clean the family car.
- ☐ Add a new chore to your list of responsibilities.
- ☐ Organize all of the kitchen cupboards/drawers (with supervision).
- ☐ Organize a cluttered space in your house, garage, or shed.
- ☐ Train yourself to be a handyman/handywoman around the house.

### **EXERCISE**

(15 pts. per activity)

- ☐ Stretch for 10 min then do sit-ups and push-ups.
- ☐ Stretch for 10 min and then go for a run.
- ☐ Hold a plank position for as long as you can and then do some squats.
- □ Look up a new exercise and work on perfect form. Add it to your workout routine.

Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having withstand in the evil day, and having done all, to stand firm.

-2 Timothy 2:3-4

We would love to see how you are completing the 2025 Summer Reading Challenge! Tag us **@lamplighterministries** on Facebook and Instagram. Use #lamplightersrc2025





Spiritual Advancement

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50	pts. per completed journal page used to de-	
cr	ibe how you've applied the following activities)	
	Learn how to play a new instrument for worshiping the Lord.	
	Get up early and watch the sunrise. Worship the Lord with song and spend time in prayer.	
	Always carry Gospel tracts and notecards with Scripture verses. Give them away whenever you can.	
	Testify about what Jesus has done and is doing in your life! Speak about it to anyone and everyone.	
	Listen for the still small voice of God in your life (especially while reading Scripture!)	
<b>S T</b>	rudy	
75	pts. for each written activity)	
	Do a Bible study on corporate worship. Start with 2 Chronicles 20:21-22.	
	Write a devotion or a Bible study lesson and share it in a group setting.	
	Do a study on the word soldier. Look up this word in the dictionary and in the original Greek and Hebrew. Using a concordance, find all the references that use this word or a form of it. Read	
	these passages in various Bible versions. Write a three-paragraph devotional based on a lesson learned in one of the books you have read.	
	BSERVE	
15	pts. each)	
	After learning about what it means to advance the kingdom of God, look for new ways to do it.	
	Listen to a Fastened Like Nails podcast or a Life Transforming Seminar by Dr. Mark Hamby and apply what you learn.	
	Listen to the matching dramatic audio of a book you read with an elderly friend or grandparent.	
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"(	Spect great things from God.	
A	ttempt great things for God."	
	-William Carey	

# Bonus Essay

"Come and hear, all you who fear God, and I will tell what he has done for my soul."

-Psalm bb:1b



### For your essay, answer each of the following questions as thoroughly as possible using full sentences:

- 1. In which role (Athlete, Farmer, Soldier) have you seen the most growth?
- 2. In which category (mental, physical, spiritual) did you see the most growth?
- 3. Was there a key turning point for you during the challenge? If yes, explain. If no, why do you think there wasn't?
- 4. What was the most difficult part of the challenge? Why?
- 5. What was your favorite part of the challenge? Why?
- 6. Share a particular book, passage of Scripture, or service opportunity that was most significant to you and why.
- 7. What are some key areas of growth that you experienced during the challenge?
- 8. How will you continue to apply what you've learned from this challenge in the future?

Essay Guidelines

**Pre-reader** - 1-3 paragraphs\*

Junior High, High School, and Adult - one full page minimum

Elementary - 3-5 paragraphs\*

Your essay should not exceed 2 full pages. A paragraph should consist of a minimum of 3 sentences. If typed, use Times New Roman or Arial size 12 font double spaced. If handwritten, make sure it is neat and on lined paper. Include your full name in the upper right hand corner of the first page. Once you've written your essay, you may award yourself 100 bonus points! Be sure to submit it along with your activity sheets by August 15, 2025.

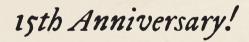
**Email Subject Line:** Heroes of Faith Essay

Title of Uploaded Document: last name\_first name\_grade (Example: Smith\_John\_1st Grade)

Join us for the 2025 Summer Guild

# The Beauty of Holiness

July 13-18, Mount Morris, NY



### —Summer Guild— For Creative Disciplines

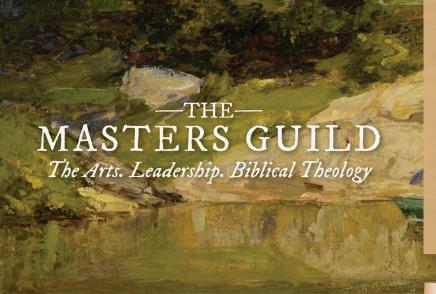
Join us for the 15th annual Summer Guild for Creative Disciplines! Hosted July 13-18, this will be one week that you will never forget.

The 2025 Summer Guild is designed to invite you into the presence and power of God through the arts, guest lectures, fellowship, worship, and prayer.

For more information scan the code, visit lamplighterguild.com or call 1(888) 246-7735.

Know God intimately. Proclaim Him passionately. Enjoy Him infinitely!





Founded on the Word of God, *The Masters Guild* is a discipleship initiative where students gain a deeper knowledge of God, wisdom to negotiate life skillfully, and discernment to make wise choices in relationships and career paths. This is achieved through a mentoring model where students interact with master teachers in the arts, biblical theology, and business leadership, with an emphasis on community, transparency, humility, and joy in an environment of beauty, excellence, and creativity.

#### MASTER TEACHERS

The Masters Guild selects Master Level teachers\* from around the world. Already leaders in their respective fields, these devout Christians share their industry expertise with a biblical and Spirit-led perspective.

\* minimum 10,000 hours of experience

### LIFE-CHANGING CURRICULUM

The Masters Guild is designed to build character, spiritual maturity, and a strong work ethic, developed by working within a team. Being part of a team allows students to acquire skills that can't be taught in a classroom. Though students will have classroom instruction, the emphasis will be on working alongside tea members within a mentoring structure of trust, commitment, attention to detail, communication, and accountability.

#### A BEAUTIFUL CAMPUS

Students will live, work, and study at the lovely Lamplighter campus, which includes a cafe, bookstore, woods and trails, recording studio, gymnasium, printshop and bindery, plus a three-story educational building.

For more information, please scan the code, visit themastersguild.net, or call us at 1(888) 246-7735.



